

Introduction

This book is written for individuals who have previously thought of suicide, made plans to commit suicide, or actually attempted suicide (and, I thank God, have failed!). If you know of someone who has tried to commit suicide, or you are seeking to prevent thoughts of suicide from entering the mind of a loved one or a friend, or if someone that you know simply needs spiritual direction on this journey—whatever your story is, I am certain that this book will assist absolutely anyone and everyone who simply needs spiritual direction for purposeful and meaningful living!

My goal in writing this book is to say that I am happy that you are living *right now*, and I would like to help you broaden your knowledge, declare your acceptance, and establish or reestablish an intimate relationship with the God of the Bible!

I was led to share with you—through the pages of this book—hope for deliberately living.